B H A G A V A D G I T A

J N A N A Y O G A

JNANA YOGA

according to

BHAGAVAD GITA

yoga vaidya śālā

TWO DAYS WEBINAR

on

20/03/2021 & 21/03/2021

16.30 to 20.00 hrs (Indian Standard Time)

BY

Dr. N. CHANDRASEKARAN , MBBS,

Founder - Yoga Vaidya Śāla

Pranams to Masters

JNANA YOGA according to *BHAGAVAD GITA*

- **The one Scripture that captivates the inquisitive minds of all ardent practitioners from every part of the world for more than 5000 years is Bhagavad Gīta.**
- **It instructs mainly three yoga-s, Karma yoga, Jñāna Yoga and Bhakti Yoga.**
- **Of these three, Karma yoga is the preparation as well as the foundation for the other two Yoga-s.**
- **As the practitioner advances in Karma yoga, the light of Jnana gradually shines forth.**
- **As the illumination of Jnana gains strength, the practitioner gets established in his/her essential nature.**
- **The essential nature of every being is Cit (Jnana embodied).**
- **This Jnana, when completely matured, will lead on to Bhakti Yoga.**

JNANA YOGA according to *BHAGAVAD GITA*

Yoga Practitioners, Teachers and Therapists,

We welcome you to,

Immense into the Soul finding the teachings of Bhagavad Gita.

Clarify all your doubts regarding the nuances of Jnana Yoga.

Strengthen your clarity on the principles of practice of Jnana Yoga as expounded by our great masters.

Registration details:

1. **Name**
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For further details contact

drncyvs@gmail.com

Webinar fee: 60 euros/ seminar

Mode of payment: PayPal email id – *siddharthan1007@gmail.com*

With,

Dr. N. CHANDRASEKARAN , MBBS, Founder - Yoga Vaidya Śāla.

one of the world's most experienced yoga therapist, a western medical doctor, an international Yoga teacher and Therapist trainer and author.