



Beyond Knowledge

2 Week Seminar on Yoga-Sutra & Vedanta

Every Knowledge is fascinating.

One can exhaust the entire life span in trying to know about a leaf; and end up highly unsuccessful; not even a bit of mission completed .

Truly, every knowledge system is like an uncharted desert, unfathomable sea and untreaded forest.

More you know, more you come to know that the known is but a fraction.

But, knowledge is inevitable.

Otherwise, normal life would be impossible.

Sitting, standing, speaking, eating

in short, all our life activities are nothing but learned knowledge only.

Our feelings of desolateness and happiness are but learned behaviour only.

All the great scientific advancements and all man made disasters are nothing but the expressions of knowledge only.

Knowledge is so essential to life ; but no one can decipher it completely.

Are we then, forced to continue a life with the available half baked knowledge?

Then, that type of life is not worth living.

That would be a living death.

It can not be the design of Life, the purpose of the Totality.

Then, how to confront this situation?

VEDANTA shows the way The very name signifies it.

VEDA means knowledge and ANTA means end.

It leads the practitioner to the very end of knowledge.
and guides him to pursue BEYOND KNOWLEDGE.

Participants, it is a great opportunity to learn how :

- The Knowledge based life leads only to dualities - ups & downs, joys & miseries, Happiness & unhappiness , victories & defeats, good & bad, desirable & undesirable etc.,
- The Knowledge based life spins an inescapable web of dualities around every individual and maintain and intensify the clutches for thousands and thousands of births.
- The Vedanta makes it possible to not to allow the knowledge to master the individual but to convert it into an obedient servant.
- As Vedanta is an intensely practical wisdom , this seminar deals with all the practical methodologies in detail.

Let yourself be re- introduced ,

Let yourself be re- linked with your Essential Being .

Let your potential be manifested Totally.

About Dr. N. Chandrasekaran (NC)

Dr N.Chandrasekaran, M.B.B.S., is one of the world's most experienced yoga therapist, a western medical doctor, international trainer, philosopher and author. After heading the Yoga Therapy Department at KYM, Chennai for more than a decade, he founded the Yoga Vaidya Śālā. He has conducted consultations and designed yoga therapy courses for more than 10,000 students, with a wide range of health problems, prescribing individual practices for each.

Dr.NC's vast experience in medicine and in the yogic healing process enables him to practice and present an astonishingly effective blend of the western medical system with eastern traditional wisdom, helping people with a wide range of health problems. He has taught in numerous international teacher training and therapist training programs. Dr. NC has also authored books on the practice of Yoga Therapy and on Yoga Philosophy.

Seminar dates : February 11 to 22, 2019
Venue : Chennai, India

Time Table

07-00 to 08-00	Asana practice
08-00 to 09-00	Break fast
09-00 to 10-30	Lecture 1
10-30 to 11-00	Tea break
11-00 to 12-00	Lecture 2
12-00 to 12-30	Pranayama practice
12-30 to 14-00	Lunch break
14-00 to 15-30	Lecture 3
15-30 to 16-00	Tea break
16-00 to 17-00	Lecture 4
17-00 to 17-30	Dharana practice

For more details and registration contact:
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