



Pranams to Masters

Tattva-s
According to Sāmkhya,
Yoga and Śaiva Siddhāntham

पुण्ड्र वादेयुः ईश्वरः

TWO DAYS WEBINAR

BY

Dr. N. CHANDRASEKARAN , MBBS,
Founder - Yoga Vaidya Śāla

Tattva-s

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According to Sāmkhya, Yoga and Śaiva Siddhāntham

- *Samkhya enumerates 24 tattva-s*
- *Puruśa - Prakṛti separation is the goal*
- *Leading one to a state of freedom from duḥkham*

- *Yoga adds one more, Īśvara*
- *It's way is to Surrender to Īśvara*
- *Resulting in the attainment of kaivalyam*

- *Śaiva Siddhāntham goes further*
- *And enumerates 36 tattva-s*
- *Where Puruṣa, Prakṛti and Īśvara are on the way*
- *It culminates in the Absolute*

- *Here the Absolute traverses down by a few tattva-s*
- *To lift the practitioner up unto Him*
- *A Motherly Benevolence from the TOTALITY*

Tattva-s

- Samkhya, as a scientist, dissects the observable cosmos and enumerates 24 principles in matter as separate from one living principle, Puruśa. The admixture of these two principles results in all suffering and their separation brings permanent joy.
- Yoga introduces one another truth, Īśvara. Surrendering to Īśvara will enable the practitioner to reach a state called kaivalya, the goal in yoga.
- Śaiva Siddhāntham adds 10 more tattvas and reaches the ultimate truth.
- It explains the truth completely and comprehensively
- It offers simple practical tools to reach the goal
- It blends both the scientific analysis and the sublime artwork and presents such a beautiful poetry.
- It offers completion to both Samkhya and Yoga philosophies
- It is the oldest known revealed truth on earth.
- In this two days seminar you will be exposed to
- The Samkhya philosophy of 24 + 1 tattvas
- The inevitability of the Īśvara tattva of Yoga philosophy
- How Saiva Siddhāntham fills the gap between Īśvara and the TOTALITY.
- *We welcome you to,*
- *Refresh your understanding*
- *Clarify all your doubts and*
- *Strengthen your clarity on all 36 tattva-s*
- *as expounded in Samkhya and Yoga Sūtra and Saiva Siddhāntham*



With,

**Dr. N. CHANDRASEKARAN , MBBS, Founder -
Yoga Vaidya Śāla.**

one of the world's most experienced yoga therapist, a western medical doctor, an international Yoga teacher and Therapist trainer and author.